

SAISON-KALENDER

| Obst | Jan | Feb | Mär | Apr | Mai | Jun | Jul | Aug | Sept | Okt | Nov | Dez |
|----------------------|-----|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|
| Äpfel | | | | | | | | | | | | |
| Aprikosen | | | | | | | | | | | | |
| Birnen | | | | | | | | | | | | |
| Brombeeren | | | | | | | | | | | | |
| Erdbeeren | | | | | | | | | | | | |
| Heidelbeeren | | | | | | | | | | | | |
| Himbeeren | | | | | | | | | | | | |
| Holunderbeeren | | | | | | | | | | | | |
| Johannisbeeren | | | | | | | | | | | | |
| Kirschen | | | | | | | | | | | | |
| Maronen | | | | | | | | | | | | |
| Melonen | | | | | | | | | | | | |
| Mirabellen | | | | | | | | | | | | |
| Pfirsiche/Nektarinen | | | | | | | | | | | | |
| Pflaumen | | | | | | | | | | | | |
| Preiselbeeren | | | | | | | | | | | | |
| Quitten | | | | | | | | | | | | |
| Stachelbeeren | | | | | | | | | | | | |
| Weintrauben | | | | | | | | | | | | |
| Walnüsse | | | | | | | | | | | | |

| Südfrüchte | Jan | Feb | Mär | Apr | Mai | Jun | Jul | Aug | Sept | Okt | Nov | Dez |
|--------------|-----|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|
| Ananas | | | | | | | | | | | | |
| Apfelsinen | | | | | | | | | | | | |
| Bananen | | | | | | | | | | | | |
| Grapefruit | | | | | | | | | | | | |
| Kiwis – grün | | | | | | | | | | | | |
| Kiwis – gelb | | | | | | | | | | | | |
| Mandarinen | | | | | | | | | | | | |
| Zitronen | | | | | | | | | | | | |

| Gemüse | Jan | Feb | Mär | Apr | Mai | Jun | Jul | Aug | Sept | Okt | Nov | Dez |
|----------------|-----|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|
| Auberginen | | | | | | | | | | | | |
| Austerpilze | | | | | | | | | | | | |
| Avocados | | | | | | | | | | | | |
| Bärlauch | | | | | | | | | | | | |
| Bataviasalat | | | | | | | | | | | | |
| Blumenkohl | | | | | | | | | | | | |
| Brokkoli | | | | | | | | | | | | |
| Champignons | | | | | | | | | | | | |
| Chicorée | | | | | | | | | | | | |
| Chinakohl | | | | | | | | | | | | |
| Dicke Bohnen | | | | | | | | | | | | |
| Eichblattsalat | | | | | | | | | | | | |
| Eisbergsalat | | | | | | | | | | | | |

■ Regionales Angebot: preisgünstig
 ■ Gutes Angebot: preisgünstig
 ■ Lager, Unterglas oder Importware

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|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|------|-----|-----|-----|
| Endiviensalat | | | | | | | | | | | | |
| Erbsen | | | | | | | | | | | | |
| Feldsalat | | | | | | | | | | | | |
| Fenchel | | | | | | | | | | | | |
| Frühlingszwiebeln | | | | | | | | | | | | |
| Gemüsezwiebeln | | | | | | | | | | | | |
| Grüne Bohnen | | | | | | | | | | | | |
| Grünkohl | | | | | | | | | | | | |
| Gurken | | | | | | | | | | | | |
| Kartoffeln | | | | | | | | | | | | |
| Knoblauch | | | | | | | | | | | | |
| Knollensellerie | | | | | | | | | | | | |
| Kohlrabi | | | | | | | | | | | | |
| Kopfsalat | | | | | | | | | | | | |
| Kresse | | | | | | | | | | | | |
| Kürbis | | | | | | | | | | | | |
| Lauch | | | | | | | | | | | | |
| Mangold | | | | | | | | | | | | |
| Meerrettich | | | | | | | | | | | | |
| Möhren | | | | | | | | | | | | |
| Paksoi | | | | | | | | | | | | |
| Paprika | | | | | | | | | | | | |
| Pastinaken | | | | | | | | | | | | |
| Postelein | | | | | | | | | | | | |
| Pertersilienwurzel | | | | | | | | | | | | |
| Radicchio | | | | | | | | | | | | |
| Radieschen | | | | | | | | | | | | |
| Rucola | | | | | | | | | | | | |
| Rhabarber | | | | | | | | | | | | |
| Rosenkohl | | | | | | | | | | | | |
| Rote Bete | | | | | | | | | | | | |
| Rotkohl | | | | | | | | | | | | |
| Sauerampfer | | | | | | | | | | | | |
| Schwarzwurzel | | | | | | | | | | | | |
| Spargel | | | | | | | | | | | | |
| Spinat | | | | | | | | | | | | |
| Spitzkohl | | | | | | | | | | | | |
| Stangensellerie | | | | | | | | | | | | |
| Steckrübe | | | | | | | | | | | | |
| Tomate | | | | | | | | | | | | |
| Topinambur | | | | | | | | | | | | |
| Weißkohl | | | | | | | | | | | | |
| Wirsing | | | | | | | | | | | | |
| Zucchini | | | | | | | | | | | | |
| Zwiebel | | | | | | | | | | | | |
| Zuckerschoten | | | | | | | | | | | | |

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